



Give yourself a healthy boost

Take a convenient online class

Smart Grocery Shopping & Label Reading

Date: Thursday, December 8, 2022 **Time:** 12:00 PM- 1:00 PM

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/3988349/050F61428BD84F1A298679A996265C6A>

Registration is now available and will remain open through the end of the event.

For support, [click here](#).

Description: You will discover how to shop smarter to meet health needs and learn to read food labels to make healthy choices.

For questions, contact: employeehealth@fultoncountyga.gov

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