



2023 Wellness Credit

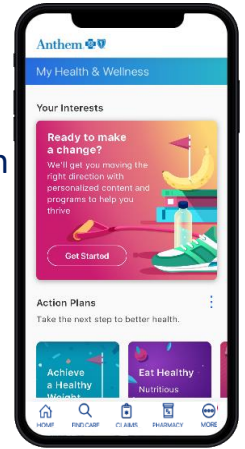


Focus on your well-being and earn your 2023 Annual Wellness Credit!

Your whole health matters, and we want to reward you for taking care of it. Fulton County and Anthem BCBS have partnered to use Anthem's new app, Sydney Health, and Anthem.com to connect you with easy-to-use digital health and wellness tools that can help you stay your best.



Sydney Health



Don't wait! Use your Sydney Health app or Anthem.com to learn more.

- Check Claims
- See benefits
- Get your ID card
- Manage health care accounts
- Find a doctor
- Community Resources
- Team Challenges
- Virtual Visits and Virtual Chat with a doctor
- Estimate Cost
- My Rewards
- Click to connect with Anthem member services and care teams, schedule a call back from member services etc.
- Wellness Programs like ConditionCare, Future Moms and many more!
- A hub to access other Fulton County programs and services

2022

Eligible:

How you earn:



Pre-65 Retirees (non-Medicare) enrolled in an Anthem medical plan

If you are already scheduled for a physical, a biometric screening is included, and your information will be registered through your claims.

OR
If you have a routine appointment already scheduled, you may ask your doctor to include your non-fasting biometric labs.

Non-fasting biometric labs includes:
blood pressure
hemoglobin A1C,
cholesterol and body mass index

Fulton County will incentivize you \$240 in 2023 for completing your annual wellness exam/biometric screening. To qualify for the incentive, you must complete no later than 12/31/2022.

Let's Get Started!

Don't Miss Out: You can open the **Sydney Health app** or go to **Anthem.com** using the same username and password.



Open the **Sydney Health app**. Select **MORE** on the bottom navigation bar. Select **My Health Dashboard**. Click **My Rewards**. Go to **View Completed Activity** to verify Annual Wellness Exam claim was processed.

OR Go to **Anthem.com**. Select **My Health Dashboard**. Click **My Rewards**. Go to **View Completed Activity** to verify Annual Wellness Exam claim was processed.

The image displays three screenshots illustrating the navigation process. On the left, the Sydney Health app's 'Menu' screen is shown with 'My Health Dashboard' circled in red. Below it, the 'My Health Dashboard' screen is shown with 'MY REWARDS' circled in red. On the right, the Anthem.com website is shown with 'My Health Dashboard' circled in red in the top navigation bar, and 'My Rewards' circled in red in the left sidebar. A blue arrow points from the 'My Rewards' link on the website to the 'MY REWARDS' link in the app. Below the app screenshots, a screenshot of the 'Certify Completion for Covid-19 Vaccination' form is shown with a yellow box highlighting the 'View Completed Activity' link.

It's worth restating! In addition to all the insightful wellness resources, Fulton County will incentivize you with **\$240 for the 2023 year!** To qualify for the incentive, you must complete **no later than 12/31/2022.**



For any wellness credit related questions, contact Fulton Employee Wellness at employeewellness@fultoncountyga.gov or 404-613-7354.

For Anthem or Sydney Health assistance, call Anthem's Customer Service number at 1-800-474-2227.