



Give yourself a healthy boost

Take a convenient online class

Healthy Celebrations

Date: Tuesday, November 29, 2022 **Time:** 12:00 PM- 1:00 PM

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/3979428/336DC50E6096C3589F20312B187878BD>

Registration is now available and will remain open through the end of the event.

For support, [click here](#).

Description: You will learn how to explore ideas and resources to create healthy menus, maintain fitness, and address increased stress during holidays.

For questions, contact: employeehealth@fultoncountyga.gov

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