



Give yourself a healthy boost

Take a convenient online class

Building Resiliency

Date: September 15, 2022 | **Time:** 12:00pm to 1:00pm

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/3855771/A72D481D936B30F277A91BE5A67EAA71>

Registration is now available and will remain open through the end of the event.

For support, [click here](#).

Description: Explore ways to learn from past experience and build new skills to be more resilient.

For questions, contact: Jessica Houze, jessica.houze@fultoncountyga.gov

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