



# Give yourself a healthy boost

## Take a convenient online class

### Smart Grocery Shopping and Label Reading

**Date:** Thursday, February 8, 2024 | **Time:** 12:00—1:00 pm

**Join via computer or mobile device at:**

[Fulton County Smart Grocery Shopping & Label Reading 2024-02-08 \(on24.com\)](https://on24.com/FultonCountySmartGroceryShopping&LabelReading2024-02-08)

Registration is now available and will remain open through the end of the event.

For support, [click here](#).

**Description:** Discover how to shop smarter to meet health needs and learn to read food labels to make healthy choices.

For questions, contact: [employeewellness@fultoncountyga.gov](mailto:employeewellness@fultoncountyga.gov)

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