

AT NO COST TO EMPLOYEES

NOURISH

The Art of Healthy Cooking

Join Kaiser Permanente Chef, Asata Reid

Please join Kaiser Permanente's Chef Reid for a fun, free and informative cooking demonstration. You'll watch food preparation steps, learn cooking techniques, and get a new recipe to try for yourself at home!

You do not need to be a Kaiser Permanente member to attend.

Contact: employeehealth@fultoncountyga.gov

Date/Time: Wednesday, February 19, 2025 from 1:00 pm - 1:30pm

Location: Click [HERE](#) to join

Nine Piedmont Center
3495 Piedmont Road NE
Atlanta, GA 30305
404-364-7000

